



Your Health, Your Way at the Mississauga Halton CCAC

Join the Mississauga Halton CCAC for a free one-hour public information session.

Wednesday June 6, 2012

6:30 pm to 8:00 pm

BraeBen Golf Course

The Clubhouse at BraeBen

5700 Terry Fox Way

Mississauga, Ontario, L5V 2W2

**Planning for care
before a crisis.**

What to think about?

What to plan for?

What to do?

When planning for your own or your loved ones' health care needs, it's important to think about your preferences and options – before facing a crisis.

Join us at our second annual *Your Health, Your Way* event and learn about:

- Establishing health power of attorney and how to have important conversations with loved ones
- Health planning tips from a family doctor to help prepare for the future
- Demystifying the assessments that determine eligibility for in-home health care services
- Personal stories and advice about health care planning from people in your community



Mississauga
Halton

ccac casc

Community
Care Access
Centre

Centre d'accès
aux soins
communautaires
de Mississauga
Halton

**Register by phone: 905-855-9090 ext. 2070,
or email: yourhealthyourway@mh.ccac-ont.ca.**

**For more information,
visit www.yourhealthyourwaymh.org**