

Soci t  Alzheimer Society

HAMILTON AND HALTON
HAMILTON ET HALTON

First Link Dementia Education Series

free education program

Next Steps: (a good starting point)

Understanding the dementias	Thurs. February 28
Brain and Behavior	Thurs. March 7
Enhancing Abilities	Thurs. March 14
Research, Legal & Financial Issues	Thurs. March 21
Community Resources	Thurs. March 28

Care Essentials: (caregiver information for middle stage memory loss)

Caregiver tools	Thurs. April 4
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Options for Care: (reviews the application process for long term care)

Preparing to make the call	Thurs. April 11
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7:00-8:30 pm (all sessions)

2345 Wyecroft Road, unit 13, Oakville
Alzheimer Society office– Halton site

RSVP:

905-529-7030 or 1-888-343-1017