

Caring for someone with Alzheimer's or dementia?

# MILTON

## Family Support Group

- Meet others caring for family members with dementia
- Share experiences and learn coping strategies
- Find out about available community resources

**One Thursday each month**  
**1:30p.m. to 3:00p.m.**

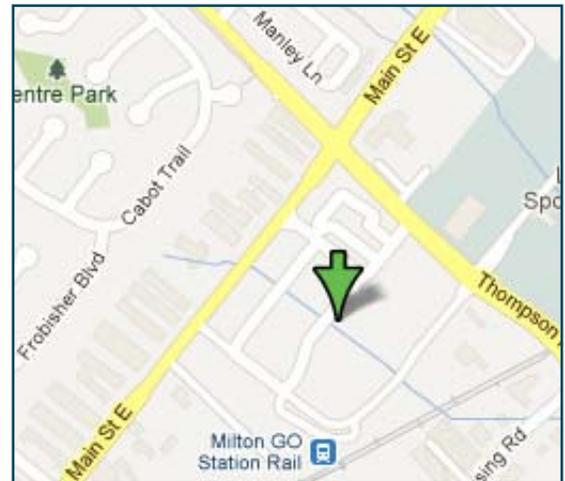
Loblaws Superstore - Upstairs\*  
( 820 Main St. E, Milton ON L9T 3P6 )

**FREE, please register by contacting:**

Sandi Robinson, *Education Coordinator* at  
905-847-9559 or [srobinson@acclaimhealth.ca](mailto:srobinson@acclaimhealth.ca)

### 2013 DATES

- |            |             |
|------------|-------------|
| • Jan 10th | • Jul 18th  |
| • Feb 7th  | • Aug 15th  |
| • Mar 21st | • Sept 26th |
| • Apr 18th | • Oct 17th  |
| • May 23rd | • Nov 14th  |
| • Jun 20th | • Dec 12th  |



**Acclaim Health**

*Solutions for Your Health Care Needs*

[ [www.acclaimhealth.ca](http://www.acclaimhealth.ca) ]

\*Meeting space generously donated by Loblaws Superstore

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