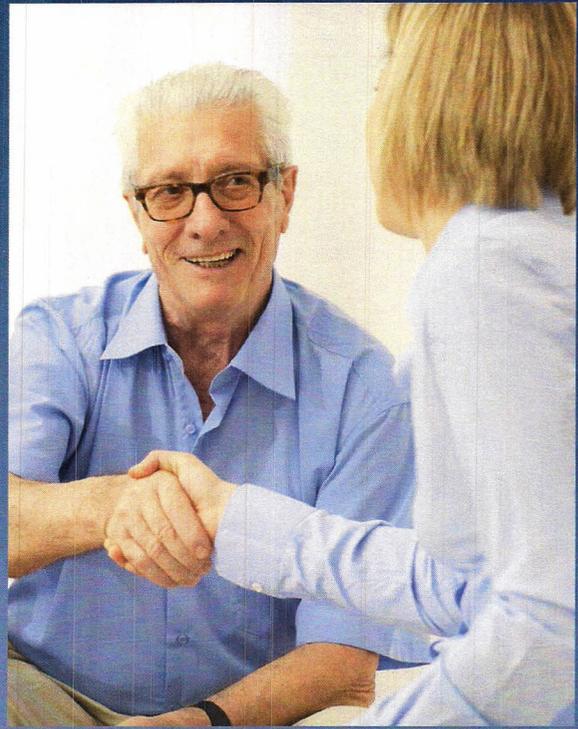


16TH ANNUAL Health and Wellness Show



Saturday, April 27
10 a.m. - 2 p.m.
Burlington Seniors' Centre
2285 New Street
905-335-7888, ext. 6341

Presented by



**MARTHA'S
LANDING**

Discover the latest health trends and services available to older adults in Burlington and surrounding communities.

The Health & Wellness Show gives you the opportunity to meet local businesses, discover new services, try free samples and much more. No admission, parking is free and booth prizes are available to be won!

Premier Sponsor



CHRISTOPHER TERRACE
retirement residence



Show Support Sponsors

Delmanor Glen Abbey
MEDiChair
SmartMeds Pharmacy
Smith's Funeral Home
Appleby Foot Care & Orthotics
ASupreme Nursing And Homecare