

# Société Alzheimer Society

HAMILTON AND HALTON  
HAMILTON ET HALTON

*Where memories are lost... We'll be found.*

## Next Steps

### *Dementia Education series*



FREE education programs

First Steps | *Next Steps* | Care Essentials | Options for Care | Care in the Later Stages

This **3 session learning series** for caregivers and friends of persons with a dementia builds a strong understanding of Alzheimer's disease and other dementias. We will discuss topics such as: the different types of dementia, the resulting changes in the brain, the latest developments in research, planning for the future and helping the person with memory loss to remain independent for as long as possible.

### Session Topics:

What is Dementia?  
Brain and Behavior  
Enhancing Abilities  
Planning for the Future: Care Options  
Care for the Care Partner

**Dates:** Tuesday June 4<sup>th</sup>  
Monday June 10<sup>th</sup>  
Wednesday June 12<sup>th</sup>

**Time:** 10:00am to 1:30pm **\*\*please bring lunch!**

**Location:** Holy Cross Catholic Church  
14400 Argyll Road, Georgetown



To register, please contact:  
**1-888-343-1017 or 289-837-2310**