



The Canadian Association of Retired People
Georgian Bay Chapter 14
carpgeorgianbay@gmail.com - www.carp.ca/georgianbay

A NEW VISION OF AGING FOR CANADA

**CARP Georgian Bay is please to announce our
Fall speaker series. Please feel free to come and join
your fellow CARP members at any,
or all of these interesting seminars.
Light refreshments will be served.**



Tuesday September 17th, 2:00PM, Collingwood YMCA

Connecting seniors with services that will help them remain confident in their home and stay connected to their world. Sometimes just knowing who to ask makes all the difference. Save the date to come to the Collinwood YMCA at 2:00PM and hear Susan Schiels from Home for Life speak on independent living and the services that are available in our community. Space is limited so please email carpgeorgianbay14@gmail.com or call 705-888-9204 to reserve your space. Please bring a Friend!



Tuesday October 15th, 2:00PM, Collingwood YMCA

211 is a three-digit phone number like 411 and 911. 211 helps people find services in their community. In Canada, 211 offers live answer service 24/7. The number is free to call and interpreters are available in more than 170 languages. TTY service is available at 1-888-435-6086. Please join Pam Hillier, Executive Director of Community Connection, a Collingwood-based nonprofit organization that provides 211 services to 1.2 million people within eleven counties in Central East Ontario. Space is limited so please email carpgeorgianbay14@gmail.com or call 705-888-9204 to reserve your space. Please bring a Friend!



**South Georgian Bay
Community Health Centre**

**Tuesday November 19th, 2:00PM
Collingwood YMCA**

Please join us as we discuss “Eating Well at Home”. Pauline Therrian, Diabetes Nurse Educator at the South Georgian Bay Community Health Centre, will discuss sodium and how it effects you blood pressure as well as Diabetic diets and diabetes prevention. Space is limited so please email carpgeorgianbay14@gmail.com or call 705-888-9204 to reserve your space. Please bring a Friend!