

Soci t  Alzheimer Society

HAMILTON AND HALTON
HAMILTON ET HALTON

2013 Hamilton & Halton Carepartner Retreat



Friday November 8th - Saturday November 9th 2013

The Waterfront Hotel
2020 Lakeshore Rd, Burlington ON



Registration Period: October 28th to November 1st
First Come, First Serve. Space is Limited.

Please Call the Alzheimer Society of Hamilton & Halton

Hamilton - Ashlee 905-529-7030 ext. 205

Oakville - Rochella 289-837-2310 ext. 301

**Home
Instead**
SENIOR CARE[®]
To us, it's personal.

**Homewatch
CareGivers**[®]

Let our family care for yours.™

Saint Elizabeth
Well beyond health care



Nurse Next Door[™]
home care services

Société Alzheimer Society

HAMILTON AND HALTON
HAMILTON ET HALTON

Two Days, One Night, For You

**Cost of \$60* includes
Hotel Room, Meals, Respite and Activities**

* Private rooms available by request at cost of \$120

Itinerary



Friday November 8th

12:00—1:30 Lunch
2:30—3:30 Fermata Music Therapy
3:30—4:30 Sit to be Fit
4:30—5:30 Check In/Free Time
5:30—7:30 Dinner
8:00—10:00 Movie

Saturday November 9th

7:00—9:45 Breakfast
10:00—11:00 Hugo Straney
(Entertainer)
11:00 Closing Remarks



OAKVILLE
COMMUNITY
FOUNDATION
all for community.

The Clinic at
EPC
Elite Performance Center
Physiotherapy - Chiropractic - Massage - Acupuncture