

Burlington Spousal Support Group

Caring for someone with Alzheimer's or dementia?

- Meet others caring for family members with dementia
- Share experiences and learn coping strategies
- Find out about available community resources

Every other Tuesday (1pm - 3pm)

2014 Dates

Jan 7th, 21st	Jul 8th, 22nd
Feb 4th, 18th	Aug 5th, 19th
Mar 4th, 18th	Sept 2nd, 16th, 30th
Apr 1st, 15th, 29th	Oct 14th, 28th
May 13th, 27th	Nov 11th, 25th
Jun 10th, 24th	Dec 9th



at Wellington Square United Church
(2121 Caroline St. Burlington ON L7R 1L7)



**Acclaim
Health**

FREE, for more info or to register:

Tel: 905-847-9559, Sandi Robinson

Toll Free: 1-800-387-7127 x2411

Email: srobinson@acclaimhealth.ca

[www.acclaimhealth.ca]