

Milton Family Support Group

Caring for someone with Alzheimer's or dementia?

- Meet others caring for family members with dementia
- Share experiences and learn coping strategies
- Find out about available community resources

Every third Thursday of the month (1:30pm - 3:30pm)

2014 Dates

Jan 16th	Jul 17th
Feb 20th	Aug 14th
Mar 20th	Sept 18th
Apr 17th	Oct 16th
May 15th	Nov 20th
Jun 19th	Dec 18th

at Loblaw Superstore
(820 Main St. E Milton ON)



**Acclaim
Health**

FREE, for more info or to register:

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Toll Free: 1-800-387-7127 x2411

Email: srobinson@acclaimhealth.ca

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