

# One Patient: CARP's Care Continuum

## - Facts & Recommendations -

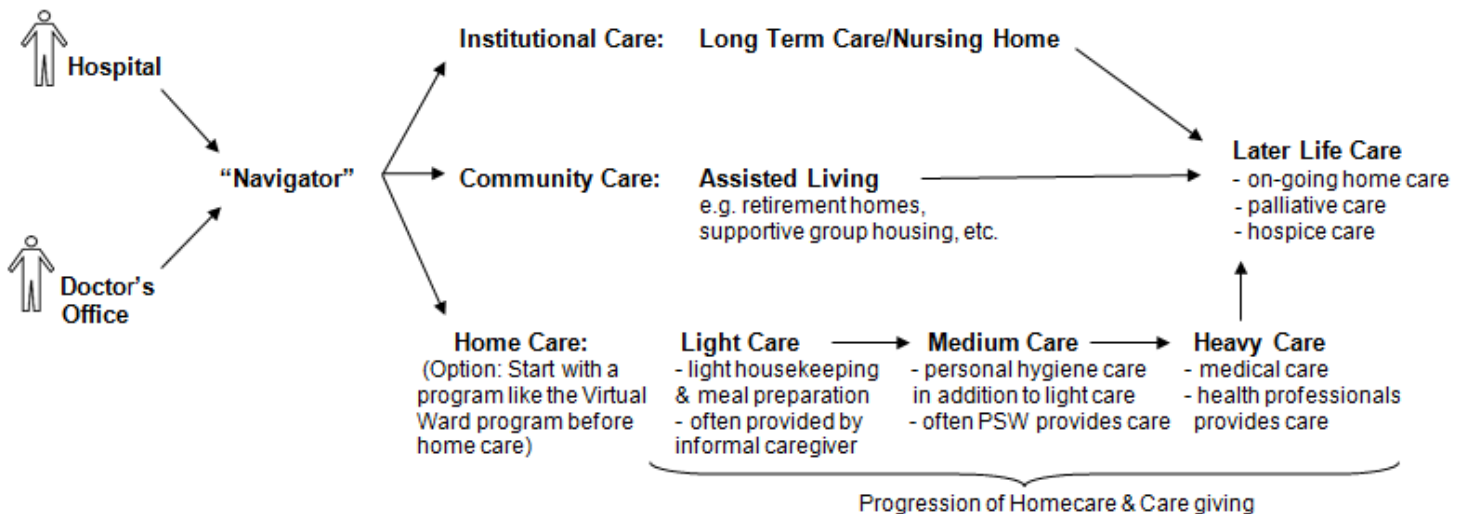


### The current patch work health system presents opportunities to improve care

Patients needing chronic care are not well served by the current health system that is:

- **Fragmented** - no coordination or integration across individual components, such as acute care, ongoing treatment and care, home care, and long term care
- **Complex** – the components of the system are difficult to navigate, lacking a clear and direct pathway to appropriate and timely care
- **Acute-focused** – the system lacks a long-term, chronic care perspective, relying mostly on expensive institutional care with inadequate attention to community/home based care
- **Unsustainable** – the current healthcare system is increasingly more expensive while demand continues to rise; health care needs are at risk of not being met

### CARP'S CARE CONTINUUM Proposed Model



### CARP calls for an integrated continuum of care that is patient-focused:

- **Well-coordinated and seamless** - patients can move from one component to the next seamlessly, supported by effective communication and coordination of health care providers
- **Simple and easy to navigate** – clear and direct access to care that continues to follow patients through the full spectrum of health needs
- **Patient-centered care** – puts people first by ensuring that care is provided to meet all needs from first diagnosis or acute episode, through acute care, home and community based long term care, through to end of life needs
- **Cost-effective and sustainable** – better resource management, use of non-institutional care, and reduction of inefficiencies will not only save money but also provide better care

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