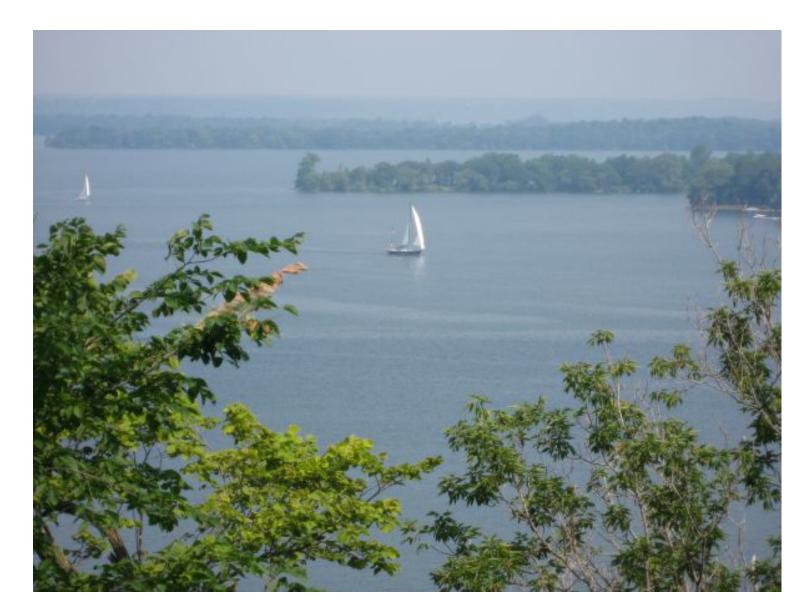
2014 Summer Newsletter Welcome to the

Greater Bay of Quinte Area Chapter #39











Mary Robertson Chair

The Greater Bay of Quinte Chapter #39

Chair's Comments

Have you been enjoying this weather? We seemed to have jumped from winter right into summer. We have had some stunningly beautiful days so far. Personally, I have been enjoying some 6 a.m. dragon boat paddling sessions. The water is like glass and the sun rises are spectacular.

Speaking of summer, I am really looking forward to our 1st CARP Greater Bay of Quinte golf tournament being held on Aug. 18th at Roundel Glen Golf Course. Roundel Glen Golf Course is one of the most beautiful and challenging courses in the Quinte area. It is located on the north side of the CFB Trenton airfield and its clubhouse includes a pro shop, locker rooms, lounge, covered deck and a complete food and beverage outlet. There is also a driving range, chipping area, and putting green available. Stay tuned for further details. This promises to be a fun day.

Please come out and support your local chapter – the Greater Bay of Quinte Chapter #39. <u>We need more volunteers</u>, sponsorships and members. By helping, we will be able to provide more events and also to continue CARP's advocacy on your behalf.

See you soon!

Mary

Seniors Day & AGM

Wednesday, October 1, 2014 (10:00 am - 2:00 pm) QUINTE GOLF CLUB HWY 2,

Presentation

ESTATE PLANNING (Probate Fee) - with Richard Wright LLB.

+ Additional Speaker (details to follow)



SPECIAL VIA RAIL OFFER FOR CARP MEMBERS!

OFFER:

- 15% off the best available fare in all service classes, except for the Escape fare and the minimum fare*.
- Valid on all routes throughout the VIA Rail network.
- See more at: http://www.carp.ca/2014/03/13/via-rail-2/ #sthash.lAuL2QrT.dpuf



DID YOU ATTEND ?

CARP Greater Bay of Quinte Area Chapter 39 invites you to join us for an informative event "<u>Say Again?</u>", presented by Konrad Malinski, Hearing Specialist at ListenUp in Belleville.

Please join us Tuesday, June 17, 2014, from 2-4 pm at Quinte Gardens Retirement Residence, 30 College St. W, Belleville. Admission is free but donations are gladly accepted. Light refreshments will be served. Everyone is welcome.









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Get Involved in Your Community

We are looking for volunteers who are dedicated to helping in their community, having fun, and meeting new friends.

What a great way to give back while making new friends!

Chapter # 39

<u>The Board</u> Mary Robertson: Chair Louise Warr: Vice-Chair Lorraine Harvey: Secretary <u>carpbbq@gmail.com</u> 613-475-9478





Denise Franklin: Treasurer Liz Reid: Director

CARP website www.carp.ca/bbq on FaceBook www.facebook.com/carpbbq

Past Events

Fashion Show ~ Wednesday, May 7, 2014

Just imagine -- first signs of Spring, great wine and beautiful fashions!! Then add an audience of people who are just happy to be out and enjoying the afternoon with people who are just happy to be there! That was our day on May 7, 2014 at Amica at Quinte Gardens, Belleville, when we had 5 lovely ladies and 3 very handsome gentlemen modelling the fabulous clothing from KVA Collections, Jockey Person 2 Person, and Richard Davis Men's Wear, Belleville.

The Grange Winery generously presented their excellent wines for our enjoyment and Cheese House, from the County provided a wonderful variety of cheeses for our enjoyment! Fun was definitely had by all -- we are all so looking forward to our next one!

This day couldn't have come together without a great team working diligently in the background! Cudos to the CARP team of Belleville area for their planning, organizing and implementation skills. Also, we couldn't have done it without the awesome help from Anne at Quinte Gardens and for their generosity in providing coffee, tea and delicious cookies!

The Fashion Show couldn't have been any better!! Stay tuned for the next one......















The Grange of Prince Edward











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Amica at Quinte Gardens is the Quinte region's finest retirement residence. We invite you to come in for a tour and see for yourself how Amica has made the Quinte region's best retirement choice, even better! If you haven't seen the new Amica at Quinte Gardens recently, a whole new experience awaits! Visit today.



DID YOU KNOW!







The County Cider Company is located on Ontario's island of Prince Edward County. Most famous for the giant sand dunes and golden beaches of Sandbanks Provincial Park, the County also enjoys a dramatic history.

Following the American Revolution of 1776 the Township of Marysburgh—home to the County Cider Co.—was one of many established for the settlement of United Empire Loyalists. Named in honour of Princess Mary, a daughter of King George III, it became home to a small group of disbanded German mercenaries under former Lieutenant Baron von Reitzenstein. This party, numbering about 40 persons, was one of the earliest German-speaking groups to settle in Ontario. By October 1784 they had begun to clear and cultivate the land. Henry David and his wife Elizabeth were among these early settlers and it was in 1830, that their son Conrad David, was given title to the lot, which the County Cider Co. now calls home.

CARP Greater Bay of Quinte Area Chapter 39 held an informative event,<u>"Understanding Hospice</u> <u>Care"</u> presented by Gwen Cleveland RN, BScN, MEd, Executive Director at the Bridge Hospice in Warkworth on Thursday, March 13th in Trenton. Gwen shared with us what hospice care is, the origins and history of hospice care and hospice care today. Gwen shared many stories and examples of this precious end of life journey, touching and comforting to all in attendance.



CARP Greater Bay of Quinte Area Chapter 39 held a very popular event "Get Up <u>To Speed</u>", presented by Victoria Webster, author of the "Senior Drive Guide", Tuesday, April 8th at the Quinte Gardens Retirement Residence in Belleville. The event attracted more than 100 people and was timely due to the changes in the drive test for seniors, effective the end of April, 2014! Victoria shared with the crowd handy tips to ease anxieties when in a test situation and her Senior Drive Guide was a big hit !!





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Bathtub to Shower Conversions



Bathtub to shower conversions make it easier for someone who has limited mobility to take a shower. If you or someone in your household is finding it difficult to step over the side of the bathtub, we have several options that could make the bathroom safer and more convenient. With our barrier-free bathtub to shower conversion systems we can make your shower accessible by wheelchair or walker. Even if you're just looking to replace your old unused bathtub, converting your old bathtub to a new shower can be easy and affordable.







The Bay of Quinte Region is your premier tourist destination with sandy beaches, world-class fishing, great culinary attractions including our new Cheddar and Ale Trail and Chocolate and Apple Trail, great theatre and entertainment, arts and culture and heritage attractions. Swing away with over 23 golf courses, and visit over 39 wineries in Prince Edward County. The Bay of Quinte Region has it all for you on your next vacation.