

Be a part of this exciting new research initiative!

*An invitation to men (65+)
to participate in our 6-week online program
to study the effectiveness of
Online Elder Circles for older male participants*

Become an Online Elder Circle Research Participant

WHEN

Monday, February 16
to Friday, March 27.

WHERE

Participants will work online
from home for approximately
2 hours per week.

**REGISTRATION DEADLINE
FRIDAY, FEBRUARY 6**

If you have any questions,
or to register please contact:

Paulina Camino at
905.845.9430 x 8617 or email at
paulina.camino@sheridancollege.ca

Elder Circles are facilitated, elder-centred small groups of older adults who meet regularly for the purpose of exploring and sharing ideas related to the experience of growing older and living in later life.

Elder Circles conducted face-to-face for both men and women have been shown to benefit those who take part in them. This project will explore the effectiveness of delivering an elder circle, for male participants only, in an online format.

Through activities, readings and conversation, six participants will engage in structured online discussion with each other and with the researcher-facilitator about their experience of growing older.

You will need regular access to a computer and the Internet. Only basic computer knowledge is required.

This study has been approved by Sheridan's Research Ethics Board. Participants in this study cannot have participated in a previous Centre for Elder Research study in the last six months.

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