

If you are a caregiver for a loved one.....then this presentation is for YOU!

Supports for Daily Living (S.D.L.)

This program offers a full range of in-home, non-medical services such as dressing, washing, bathing, and light meal support.

Caregiver ReCharge

This program provides up to 168 hours of free, in-home relief for caregivers per year.

No charge and complimentary light refreshments will be served.



**Tuesday
May 5, 2015
1 p.m.**

Sir John Colborne Centre
1565 Old Lakeshore Rd.

**Please RSVP to
905-815-5960
(No charge)**

**Presented by the
Seniors Working
Action Group
(SWAG)**