



FREE - Family & Professional Caregiver Workshops Calendar

April – June, 2016

- SEE REVERSE for Registration Details & FAQs
- Visit www.homeinstead.com/edmonton to see Calendar of Events with workshop descriptions

Workshop Topic	Date	Time
Assisting Clients with Arthritis	Thursday, April 7	8:30 to 10:00 a.m. OR 2:00 to 3:30 p.m.
Community Infection Prevention & Control	Thursday, April 21	8:30 to 10:00 a.m. OR 2:00 to 3:30 p.m.
Alzheimer's Family Caregiver Training	Thursday, April 21	6:00 to 8:00 p.m.
Caregiver Stress & Avoiding Burnout	Tuesday, April 26	6:00 to 8:00 p.m.
Cooking Under Pressure	Tuesday, May 3	1:30 to 3:30 p.m.
Protecting Seniors from Fraud	Thursday, May 5	8:30 to 10:00 a.m. OR 2:00 to 3:30 p.m.
Housing Options for Seniors	Tuesday, May 10	2:00 to 4:00 p.m.
Diabetes Training	Thursday, May 12	8:30 to 10:00 a.m. OR 2:00 to 3:30 p.m.
Safe Feeding	Thursday, May 19	8:30 to 10:00 a.m. OR 2:00 to 3:30 p.m.
Alzheimer's Family Caregiver Training	Thursday, May 19	6:00 to 8:00 p.m.
How to Create a Meaningful LIFE JOURNAL	Thursday, May 26	8:30 to 10:00 a.m. OR 2:00 to 3:30 p.m.
Hospice & Palliative Care	Tuesday, May 31	6:00 to 8:00 p.m.
Chronic Obstructive Pulmonary Disorder (COPD) Training	Thursday, June 2	8:30 to 10:00 a.m. OR 2:00 to 3:30 p.m.
Parkinson's Training	Thursday, June 9	8:30 to 10:00 a.m. OR 2:00 to 3:30 p.m.
Food Safety	Tuesday, June 14	1:30 to 3:30 p.m.
Falls Prevention	Thursday, June 16	8:30 to 10:00 a.m. OR 2:00 to 3:30 p.m.
Community Infection Prevention & Control	Thursday, June 23	8:30 to 10:00 a.m. OR 2:00 to 3:30 p.m.
Alzheimer's Family Caregiver Training	Thursday, June 23	6:00 to 8:00 p.m.
Hospice & Palliative Care	Tuesday, June 28	6:00 to 8:00 p.m.



Family Caregiver Workshops Calendar

April – June, 2016

- **SEE FRONT-of-page** for Workshop Topics and Dates
- Visit www.homeinstead.com/edmonton to see our Calendar of Events with workshop descriptions
- All workshops are held in the Family Education Training Centre at our West Edmonton office – **13B Fairway Drive** (in Westbrook mall, near 119 St. & 37 Ave in Aspen Gardens area)

Registration Details & FAQs:

- ***ABOUT PARTICIPANTS***

- ✓ Each workshop is **FREE** and open to the public.
- ✓ Seniors and/or family members (family caregivers) are welcome.
- ✓ Health care professionals and caregivers are also welcome.

- ***PRE-REGISTRATION IS REQUIRED***

- ✓ Please **PRE-REGISTER** at least 3 business days in advance, and a confirmation will be sent to you by e-mail.
- ✓ Maximum 14 registrants per workshop; early registration is recommended.
- ✓ Please note, course dates are **SUBJECT TO CHANGE**. If fewer than 6 participants pre-register for a workshop, you will receive a cancellation notice by e-mail, no less than 2 business days in advance.

To PRE-REGISTER call either office:

Home Instead – West Edmonton: 780.439.9990

Home Instead – East Edmonton: 780.465.5373

*All workshops are held in the Family Education Training Centre
at our West Edmonton office – 13B Fairway Drive.*

Each Home Instead Senior Care franchise office is independently owned and operated.