



“Enhancing Psychological Resiliency in Men Facing Retirement”

PARTICIPANTS ARE NEEDED FOR A RESEARCH PROJECT EVALUATING COMMUNITY GROUPS FOR MEN FACING RETIREMENT

We are looking for men over the age of 55, who are concerned about or are struggling with recent or anticipated retirement, to volunteer to take part in a research study on enhancing meaning in life and emotional health and well-being in the face of retirement.

As a participant in this study, you would be asked to take part in a research interview, lasting approximately 45-90 minutes, to determine your eligibility for a weekly men’s group. This interview would take place in our research offices at 750 Base Line Road East. If eligible, you would be invited to participate in a 12-week course of 90-minute group meetings with approximately a dozen men at the London Kiwanis Seniors Community Centre, at 78 Riverside Drive. You would also be asked to complete up to 5 additional research interviews in our offices at Base Line Road over the coming year to evaluate the group meetings; each of those interviews would last approximately 60-120 minutes.

Transportation costs will be reimbursed.

For more information about this research study, or to volunteer to be a research participant, please contact:

Principal Investigator: **Dr. Marnin Heisel at 519-685-8500 Extension 75981**
or **Dr. Heisel’s Research Assistant at 519-685-8500 Extension 75707**
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